

Winter 1977 78

Abstract: A comprehensive food consumption survey of 991 urban households in Alaska was based on 7-day information collected by an interviewer; the survey provides detailed analysis of the kind, quantity and form (fresh, canned, or frozen) of food used, cost and number of meals at home and away, home food production, etc. The nutritive values of foods consumed were calculated from kinds and quantities of food used, and were compared to RDAs. The results revealed that the average Alaskan household (3.1 members) consumed \$87 worth of food per week, of which \$66 was for food used at home. Low income households consumed the largest quantities of only 2 of the 9 food categories, namely grain products, and sugars and sweets. Although individual consumption patterns varied considerably, the average household had adequate intakes of 11 nutrients. Intakes were most likely to be inadequate for calcium and vitamin B6. Female-headed households had lower nutrient intakes than others, especially for calcium, iron, magnesium, and vitamins B6 and B12. (cj).

[winter 1977-78](#)

[Survey of State Library Agencies, 1977](#)

[Motor Gasolines, Winter 1977-78](#)

[Implementation of the Federal Water Pollution Control Act, 1977 \(thermal Pollution and Other Water Impacts from Steam Electric Power Generation\)](#)

[Monthly Labor Review](#)

[Lan's Lantern, No. 1-5, 7 March, 1976-Winter 1977/78](#)

[Federal Statistical Data Bases](#)

[Juvenile Books for All Ages](#)

[On the Brink of Nuclear War?](#)

[Serials & periodicals](#)

[A Comprehensive Catalog of Current Machine-readable and Online Files](#)

Publishes in-depth articles on labor subjects, current labor statistics, information about current labor contracts, and book reviews.

[Alan Davie](#)

[Proceedings of the Annual Climate Diagnostics Workshop](#)

[Catalog of Copyright Entries](#)

[Illinois Agronomy Handbook, 1977-78](#)

[Programs and Resource Personnel List](#)

[Fall & Winter 1977-78](#)

[A Report of the Subcommittee on Intergovernmental Relations of the Committee on Governmental Affairs, United States Senate, Together with Additional Views](#)

[Hearings Before the Subcommittee on Intergovernmental Relations of the Committee on Governmental Affairs, United States Senate, Ninety-fifth Congress, First Session](#)

[Government Preparedness for Weather Emergencies for Winter of 1977-1978](#)

[1977-78 Winter Operation](#)

[\(1977-78 Season\)](#)