

The American Alpine Clubs Handbook Of American Mountaineering

The High Altitude Medicine Handbook covers all the aspects of medicine in high and/or mountainous regions of the world, and is established as a key text in this field. This new edition is not only fully revised and updated throughout; it also includes new sections on medico-legal considerations for treks and expeditions, and a revised section on children at altitude, as well as additional fact sheets and appendices. Family doctors, nurses, travel health centre staff, expedition planners, medical personnel, climbers and trekkers will all find this book an essential read.

This annual investigative handbook offers detailed reports on more than eighty climbing accidents that occurred in the United States and Canada in 1999. Produced jointly by the Safety Committees of the American Alpine Club and the Alpine Club of Canada, Accidents analyzes what went wrong in each situation to give experienced and beginning mountaineers the opportunity to learn from other climbers' mistakes. From inadequate protection, clothing, or equipment to inexperience, errors in judgment, and exceeding abilities, the mistakes recorded in this book are invaluable safety lessons for all climbers. Founded in 1902, the American Alpine Club is the leading national organization devoted to mountaineering and rock climbing, the conservation and study of mountainous regions, and representing the interests of the American climbing community. The AAC is based in Golden, Colorado.

An adventure story and guidebook in one, this is the tale of Jack Bennett's extraordinary effort to become the first person to climb all the high points of Canada's provinces and territories. From a fire tower in New Brunswick to a remote mountain in Nunavut, this is a story of hardship, triumph and sheer singlemindedness. Bennett provides accurate and up-to-date information for anyone wishing to follow in his footsteps. Exciting reading for novice and experienced climbers alike. —Jack Longacre, Highpointers Club newsletter.

The venerable Alpine Clubs of the U.S. and Canada work together to compile rock and alpine climbing accidents from each year in the hope that mountaineers will learn from them and recreate more safely as a result. The arrival of the annual Accidents in North American Mountaineering in late summer is eagerly awaited by climbers. This annual handbook offers detailed reports on climbing accidents that occurred in the United States and Canada in 2010. Produced jointly by the Safety Committees of the American Alpine Club and the Alpine Club of Canada, Accidents in North American Mountaineering details what happened and analyzes what went wrong in each situation to give mountaineers the opportunity to learn from others' mistakes.

Backpacker brings the outdoors straight to the reader's doorstep, inspiring and enabling them to go more places and enjoy nature more often. The authority on active adventure, Backpacker is the world's first GPS-enabled magazine, and the only magazine whose editors personally test the hiking trails, camping gear, and survival tips they publish. Backpacker's Editors' Choice Awards, an industry honor recognizing design, feature and product innovation, has become the gold standard against which all other outdoor-industry awards are measured. There is something extraordinarily special about sliding on snow that has excited generations of snow sports enthusiasts. Add to this the dimension of travelling through the mountains and the result is a recipe for some of the best outdoor activity days you could ever imagine. I have been fortunate to share some of these adventures with Henry Branigan: Skiing off the summit of Mount Blanc at dawn or, equally enjoyable, skiing under the northern lights from hut to hut in Norway, still my all-time favourite way of travelling through the mountains. A complete guide to alpine ski touring, ski mountaineering and nordic ski touring sets out to provide the fundamentals about going off piste and then journeying through mountain terrain, in a logical, easy to read format. Adapting ski technique for various off piste conditions is an essential skill that makes all the difference between surviving and savouring adventures off piste. The book also covers the fundamental mountaineering knowledge including navigation, weather and avalanches that are essential before venturing beyond the confines of a ski area. Equipment and planning a tour are covered, whether it is in an Alpine or Nordic environment. All in all this is a very comprehensive and valuable resource for anyone aspiring to venture into the mountains on skis.
Bob Kinnaird Principal Glenmore Lodge National Outdoor Training Centre

Handbook and proceedings of the annual meeting

The Comprehensive Reference--From Belaying to Rope Systems and Self-Rescue

Catalog of Copyright Entries

Accidents in North American Mountaineering 2009

Accidents in North American Mountaineering 2003

The American Alpine Journal

Appalachia

The Crag Survival Handbook

Ladies' Alpine Club

An Illustrated Guide to Glacier Travel and Crevasse Rescue

Rock Climbing Smith Rock State Park

CLICK HERE to download the chapter on "Safety, Hazards & Awareness" from Crag Survival Handbook * Climbing etiquette you won't learn at the gym but need to know * Advice from "Rock Maestros" Justin Sjog, Kevin Jorgeson, Tommy Caldwell, Robyn Ebersfeld and experts at the Access Fund, Black Diamond, Leave No Trace, and more * Mix of love, how-to, humor, and entertainment — a reference book that's easy to read and makes for good campfire talk Dogs at the trailhead, belayers in lawn chairs, long lines queued up at the classics in Eldorado Canyon — the crags seem more crowded and more crazy than ever. In fact, according to the Outdoor Industry association, in the United States more than 3.6 million people participated in climbing in 2011. Many of these new climbers are entering outdoor climbing safely through rock gyms, without having the opportunity to apprentice with an experienced friend or mentor— resulting in climbing accidents and conflicts. How do you become a responsible crag citizen? Crag Survival Handbook: The Unspoken Rules of Climbing is longtime climber Matt Samet's personal handbook to becoming a member of the climbing community. While Samet discusses key skills like movement, dealing with fear, gear management, and how to fall, he also delves into crag culture: ethics, access, dealing with conflict, dogs and kids at the crags, and Leave No trace practices. Samet lays out the unspoken rules you need to know. Chapters include: * Heads up! Safety, Hazards, and Basic Crag Awareness * Etiquette, Access, and Impact: You're Not the Only Fish in the Aquarium * Movement PhD: Crouch Like a Tiger, Hide Like a Dragon * Become a Rock Ninja: Tricks of the Cragger's Trade Crag Survival Handbook guides you through the essential questions, even the questions you didn't know you had, just like a personal climbing mentor would — minute by minute, hour-by-hour, skill by skill.

This majestic and thrilling history argues that the story of American mountaineering is the story of America itself. In Continental Divide, Maurice Isserman tells the history of American mountaineering through four centuries of landmark climbs and first ascents. Mountains were originally seen as obstacles to civilization; over time they came to be viewed as places of redemption and renewal. The White Mountains stirred the transcendentalists; the Rockies and Sierras pulled explorers westward toward Manifest Destiny; Yosemite inspired the early environmental conservationists. Climbing began in North America as a pursuit for lone eccentrics but grew to become a mass-participation sport. Beginning with Darby Field in 1642, the first person to climb a mountain in North America, Isserman describes the exploration and first ascents of the major American mountain ranges, from the Appalachians to Alaska. He also profiles the most important American mountaineers, including such figures as John C. Fremont, John Muir, Annie Peck, Bradford Washburn, Charlie Houston, and Bob Bates, relating their exploits both at home and abroad. Isserman traces the evolving social, cultural, and political roles mountains played in shaping the country. He describes how American mountaineers forged a "brotherhood of the rope," modeled on America's unique democratic self-image that characterized climbing in the years leading up to and immediately following World War II. And he underscores the impact of the postwar "trucksack revolution," including the advances in technique and style made by pioneering "dirtybag" rock climbers. A magnificent, deeply researched history, Continental Divide tells a story of adventure and aspiration in the high peaks that makes a vital case for the importance of mountains to American national identity.

Nigel Shephard's two hugely successful books A Manual of Modern Rope Techniques and Further Modern Rope Techniques have been combined to form theullest guide to ropework yet. From basic techniques to the skills needed forthe Single Pitch Award and Mountain Instructor Award, beginners and expertslike will find everything they need in this handy volume, plus a host ofideas and suggestions to make climbing a safer experience. The Routledge Handbook of Tourism and the Environmentexplores and critically evaluates the debates and controversies inherent to tourism's relationship with nature, especially pertinent at a time of major re-evaluation of our relationship with the environment as a consequence of the environmental problems we now face. It brings together leading specialists from range of disciplinary backgrounds and geographical regions, to provide state-of-the-art theoretical reflection and empirical research on this complex relationship and future direction. The book is divided in to five interrelated sections. Section one evaluates the philosophical basis, rationale and complexity of what is meant by the term 'environment' considering the major influences in the construction of how we understand our surroundings and the types of values we place upon them. Section two evaluates the types of eco-systems that are used as natural resources for tourism and the negative and positive impacts upon them. Section three evaluates relevant environmental policy and management mechanisms for the impacts of tourism on the natural environment. Section four focuses on the changing tourism-environment relationship, and the types of tourism that have become established in the tourism industry, market and policy. Section five, analyzes contemporary and future issues of the tourism-environment relationship, based upon themes of environmental and social welfare. This timely book will provide an invaluable resource for all those with an interest in tourism's relationship with the natural environment, encouraging dialogue across disciplinary boundaries and areas of study. The book is international in its focus, emphasizing that issues of tourism and the natural environment are not only localized but transcend national boundaries that sometimes require both international and global responses. This is essential reading for student, researchers and academics of Tourism as well as those of Geography, Environmental Studies and Development Studies.

First-prize essay in the Friends of the Library twelfth annual book collection contest, University of California, Santa Cruz, 1978. "A celebration of the glory days of exploration that is part popular history, part survival manual, and imbued with a healthy dose of humor"--Provided by publisher.

The Freedom of the Hills

Official Aquatic Guide with Official Rules for Intramural, Interscholastic, Intercollegiate and Telegraphic Swimming Meets ...

Accidents in North American Mountaineering 2001

K2: The Savage Mountain

Red Rock Canyon

The Classic True Story Of Disaster And Survival On The World's Second-Highest Mountain

Yosemite Rock Climbers and Nature at Risk

From Surviving an Anaconda Attack to Finding Your Way Out of a Desert

1972: July-December

Mountaineering Literature

Pilgrims of the Vertical

Ecological restoration is a rapidly evolving discipline that is engaged with developing both methodologies and strategies for repairing damaged and polluted ecosystems and environments. During the last decade the rapid pace of climate change coupled with continuing habitat destruction and the spread of non-native species to new habitats has forced restoration ecologists to re-evaluate their goals and the methods they use. This comprehensive handbook brings together an internationally respected group of established and rising experts in the field. The book begins with a description of current practices and the state of knowledge in particular areas of restoration, and then identifies new directions that will help the field achieve increasing levels of future success. Part I provides basic background about ecological and environmental restoration. Part II systematically reviews restoration in key ecosystem types located throughout the world. In Part III, management and policy issues are examined in detail, offering the first comprehensive treatment of policy relevance in the field, while Part IV looks to the future. Ultimately, good ecological restoration depends upon a combination of good science, policy, planning and outreach – all issues that are addressed in this unrivaled volume.

Glacier Mountaineering provides the knowledge and skills needed to safely and self-sufficiently navigate over glacier terrain. Hundreds of hilarious and helpful illustrations by Mike Clelland complement the clear and concise text by Andy Tyson. Providing critical instruction for anyone planning to travel over glacier country—from the Cascades to the Rockies to Denali—this book will guide and entertain readers through glacier anatomy, equipment, route finding, and rescue techniques.

This annual handbook offers detailed reports on climbing accidents that occurred in the United States and Canada in 2008. Produced jointly by the Safety Committees of the American Alpine Club and the Alpine Club of Canada, Accidents in North American Mountaineering details what happened and analyzes what went wrong in each situation to give mountaineers the opportunity to learn from others' mistakes. This annual investigative handbook offers detailed reports of more than sixty climbing accidents that occurred in 1998. An analysis of what went wrong in each situation gives experienced and beginning mountaineers the opportunity to learn from other climbers' mistakes. From inadequate protection, clothing, or equipment to inexperience, poor judgment, or simple ignorance, the errors recorded in this book are invaluable safety lessons for all climbers.

Written by the International Federation of Mountain Guides Association (IFMGA) certified mountain guides Marc Chauvin and Rob Coppolillo, The Mountain Guide Manual is the go-to reference for novice and experienced mountain guides, as well as advanced recreationalists. Covering everything from rope systems and belaying to advice on group dynamics and rescuing, the manual combines practical how-to instruction with clear graphics, illustrations, and awe-inspiring alpine imagery.

When eleven climbers died on K2 on August 1, 2008, it was a stark reminder that the world's second-highest mountain has, for more than a century, been regarded as the most difficult and dangerous of all—for every four people who reach the top, one dies in the attempt. K2, The Savage Mountain tells the dramatic story of the 1953 American expedition, led by Charles S. Houston, when a combination of terrible storms and illness stopped the team short of the 28,251-foot summit. Then on the descent, tragedy struck, and how the climbers made it back to safety is renowned in the annals of climbing. K2, The Savage Mountain captures this sensational tale with an unmatched power that has earned this book its place as one of the classics of mountaineering literature.

The Complete Guide to Rope Techniques

Avalanche Safety for Skiers & Climbers

A complete guide to Alpine Ski touring Ski mountaineering and Nordic Ski touring

Climbing Canada's Highpoints

A Comprehensive Guide To More Than 1,800 Routes

Book Collection Contest [essay]

Mountaineering

Alpine Climbing

Continental Divide: A History of American Mountaineering

Backpacker

Accidents in North American Mountaineering 1994

Thoroughly illustrated manual on avoidance of avalanche hazard by good route-finding and recognition of dangerous slopes. -- Relied on by expert and beginning climbers for more than fifty years-- Teaches climbers what not to doThis annual investigative handbook offers detailed reports on more than eighty climbing accidents that occurred in the United States and Canada in 2000. Produced jointly by the Safety Committees of the American Alpine Club and the Alpine Club of Canada, Accidents analyzes what went wrong in each situation to give experienced and beginning mountaineers the opportunity to learn from other climbers' mistakes. From climbers with inadequate protection, clothing, or equipment to those who suffered from a lack of experience, made errors in judgment, or overreached their abilities, the mistakes recorded in this book offer invaluable safety lessons for all climbers.

The most comprehensive climbing guide ever published for Red Rock Canyon National Recreation Area includes more than 1,500 traditional and sport routes as well as visitor information for the Las Vegas area. Original.

Few things suggest rugged individualism as powerfully as the solitary mountaineer testing his or her mettle in the rough country. Yet the long history of wilderness sport complicates this image. In this surprising story of the premier rock-climbing venue in the United States, Pilgrims of the Vertical offers insight into the nature of wilderness adventure. From the founding era of mountain climbing in Victorian Europe to present-day climbing gyms, Pilgrims of the Vertical shows how ever-changing alignments of nature, technology, gender, sport, and consumer culture have shaped climbers' relations to nature and to each other. Even in Yosemite Valley, a premier site for sporting and environmental culture since the 1800s, elite athletes cannot be entirely disentangled from the many men and women seeking recreation and camaraderie. Following these climbers through time, Joseph Taylor uncovers lessons about the relationship of individuals to groups, sport to society, and nature to culture. He also shows how social and historical contexts influenced adventurers' choices and experiences, and why some became leading environmental activists—including John Muir, David Brower, and Yvon Chouinard. In a world in which wild nature is increasingly associated with play, and virtuous play with environmental values, Pilgrims of the Vertical explains when and how these ideas developed, and why they became intimately linked to consumerism.

Long established as a standard reference work worldwide, this is a thorough bibliography of all mountaineering books that are of practical use to climbers or for reading pleasure or historical interest. Documenting more than 2000 books of mountaineering literature, it also includes nearly 900 climber's guidebooks, a sampling of more than 400 works of mountaineering fiction, plus journals and bibliographies.

The story of the 1939 American K2 expedition is well known among mountaineers: world-class German-born climber Fritz Wiessner and Pasang Dawa Lama came within 800 feet of attaining the world's second-highest unclimbed summit before turning back for more supplies. Rejoining them on the descent was Dudley Wolfe, who had stayed not far below. Upon reaching the lower camps, the party found them stripped of supplies and deserted. Wiessner decided to descend further to investigate, and left Wolfe behind -- alone. Later, unable to descend solo, Wolfe had to be rescued; but the attempt failed, and Wolfe and Sherpas Pasang Kikuli, Pasang Kitar, and Phinsoo died. Initially, Wiessner was held responsible, but in time the blame shifted to climber Jack Durrance and another Sherpa. The disaster was considered one of the worst accidents in the climbing history of the Himalaya. It was also the subject of much speculation for years afterward. For some historians, the speculation would not rest. There were too many missing pieces, inconsistencies, and unanswered questions for a disaster of this scale. Unfortunately, reliable documentation was scarce. So was the cooperation of the remaining expedition members, who did not want to rekindle the controversy that arose from the expedition's failure. They echoed the neutral statement issued by the investigating committee of the American Alpine Club in 1940, which said, in effect, let sleeping dogs lie. When Andrew J. Kaufman and William L. Putnam later began work on Wiessner's biography, they found discrepancies in the account of the K2 incident. Intrigued, they dug deeper and began to uncover a larger tangle of events than had been previously suspected. The recent availability of Jack Durrance's own trip diary further enabled them to unravel the events of the ill-fated adventure on K2. K2: The 1939 Tragedy retraces the expedition's key elements -- the debilitating weather, the personalities and weaknesses of party members, Wiessner's "romantic vision" uncharacteristic of the climbing era --and reveals the steps that led toward catastrophe. K2: The 1939 Tragedy attempts to balance the accounts of this fifty-year-old saga.

1994 American Alpine Journal

Glacier Mountaineering

Accidents in North American Mountaineering 1999

Accidents in North American Mountaineering 2000

Not Won in a Day

The Mountain Guide Manual

The Routledge Handbook of Tourism and the Environment

A Climbing Guide

Techniques to Take You Higher

Accidents in North American Mountaineering

The American Alpine Club's Handbook of American Mountaineering

The comprehensive guide to the place that brought sport climbing to North America— a full-color, thoroughly updated new edition Smith Rock State Park. It was on the impressive crags of this Oregon hideaway that American sport climbing came into its own, and to this day, some of the hardest climbs in the United States are found on these walls. Alan Watts, who has played a leading role in the development of this popular rock-climbing destination, details more than 1,700 routes at Smith Rock and the surrounding area. This new edition updates hundreds of routes, includes hundreds of new ones, and has new photos of each crag, wall, and route. No other guide is as comprehensive or thorough, and no author more respected for his intimate knowledge of one of the world's most popular climbing destinations.

This annual investigative handbook offers detailed reports on climbing accidents that occurred in the United and Canada in 2002. Produced jointly by the Safety Committees of the American Alpine Club and the Alpine Club of Canada, Accidents in North American Mountaineering details what happened and analyzes what went wrong in each situation to give mountaineers the opportunity to learn from other's mistakes.

* For climbers who know the basics and are ready to venture at higher altitudes* Written by longtime guides and climbing instructors certified by the American Mountain Guide Association (AMGA)* Teaches situational thinking and learning as well as techniqueThis intermediate-level guide addresses tools, skills, and techniques used in alpine terrain including rock, snow, ice, and glaciers at moderate altitude - approximately 5000 meters (16,000 feet) and lower. The technical protection systems are covered, of course. But 30 years of alpine climbing experience has convinced the authors that mastery - and safety - lie in the far more difficult task of knowing exactly which techniques to use, where and when. Therefore, they teach step-by-step decision-making skills, providing scenarios, checklists, and self-posed questions to inform the decision process. Alpine Climbing assumes some prior knowledge, primarily in rock climbing skills and techniques. Basic knots, belaying, rappelling, building rock anchors, leading, placing rock protection, and movement skills on rock: variations of these skills that are of particular value in the alpine environment

K2 and the 1939 Tragedy

Catalog of Copyright Entries, Third Series

The High Altitude Medicine Handbook

Routledge Handbook of Ecological and Environmental Restoration

Including useful information for off piste skiers and snow boarders

The Adventurer's Handbook

The Outing Club Handbook

The Unspoken Rules of Climbing

Officials Handbook